

PTO Meeting Minutes via Zoom

November 12, 2020

In Attendance:

Bethany McCauley
Kelly Blum
Amy Formolo
Laura McCabe
Jessica Cronin
Christy Julien
Kelly Locke
Illiana Castellanos
Leslie Rodriguez
Anastasia Parker
Debbie Price
Ruchika Joshi
Ana Ayon
Jessica Waters
Melissa Martinez
Hillary Schaeffer
Pallavi Natoo
Siva Rama Krishna Jandhyala
Jennifer Cantu
Wglaccum
Whitney Jones
Amy Gollogly

Welcome-Bethany McCauley

- Called meeting to order and welcomed everyone to meeting
- Kelly Locke will speak at the end

Love for Tough

- Thank you! Great success even with everything going
- Incentives- 29 Popsicle Parties(!) and Silly String Parties happening this week and next (lots of fun for the kids, very positive)
- If anyone has ideas for future fundraising for the Spring, still trying to figure out how much more we need

Secretary's Report-Kelly Blum

- Reminded everyone to have full name on the screen
- Bethany McCauley made a motion to approve and Amy Formolo 2nd motioned and approved minutes from October meeting.

Principal's Report-Christy Julien

- Blown away by the support from Coulson Tough families on the Love for Tough Campaign even with current situation
- Very helpful to be able to provide all of the necessary resources to students and virtual students as well and Staff Development
- Very appreciative
- Lots of fun doing the popsicle parties especially bringing the new kids into the school
- One of the needs that she has found with Covid-19 regulations is outside seating for large groups for students and teachers, will be voting later during the meeting
- Time to make decisions about learning platform (Titan Tribune will have a section on the matter)
- Some of the questions that parents have been asking regarding Covid-19...5 cases (sometimes kids were gone from campus 48hrs, so we don't get the email on those cases, and or parents have been doing the right things such as keeping kids home after a known exposure)
- The Covid-19 Dashboard is helpful to know all of the current cases in the ISD
- Looking for a teacher to replace a Mrs. Phillips 2nd grade (moving to Florida)

Financial Report-Laura McCabe

- Love for Tough surpassed our expectations, Raised \$54,891...
 - Waiting on \$3k on Company Matches and reminded everyone to ask about company matches
 - Budget is posted on the website (is available to answer questions)
 - Checks written this month
- AIM - PTO Insurance - \$485.00
Ready Refresh - Misc - \$32.22
RMA - Tax Filing - \$550.00
Branch Crossing Storage - \$1,050.00
Texas Comptroller - Quarterly Taxes - \$116.57

Bethany made a motion to Vote to Approve estimate of \$6,500 for outdoor seating for teachers and students and Kelly Blum Second it and ALL were in favor! Everyone in attendance raised their hand. (Refer to attendance list)

Book Fair

- Virtual Book Fair November 6th-19th
- Great for Christmas Gifts

Field Trips-Amy Peters not present, Bethany McCauley reported-

- 6th grade trip awaiting approval from the district for Mission to Mars at HMNS (HMNS has great protocols and procedures with small groups and lots of sanitizing procedures etc.)

Partner Share-Melisa Martinez

- Hyderabad House topped off the donation check with their own funds
- Zoner's Pizza November 18
- Gringo's scheduled for December 15th
- Reminded everyone to mention CT when participating Partnershare
- Great way to support CT

Staff Appreciation

- Bigotes Street Tacos on Friday, December 11

Parenting Through the Pandemic-- Holiday Edition

- Kelly Locke CISD Mental Health Specialist

Kelly Locke's Presentation on Parenting Trough Pandemic:

- She is a mom as well (trial in error) figuring things out together, whole new world
- Some parents are still working from home
- Roller coaster and some people have made the most by doing more things outside in nature but lots are grieving the normal way of doing things
- Lots of amazing things with humans making great connections
- Listen to others with intent-honor others emotions and feelings
- Everyone's experiences are different
- Have a safe space (listening place not for solving just listening)
- News and Social Media are Anxiety Producers (designed to kick up anxiety)
- Technology is not bad, but needs to be moderated and need to educate how to use safely!
- Self- Awareness/Self Knowledge, Emotional Intelligence, Social Awareness
- Encouraged to make a list the things that are currently filling the stress jar
- Great to have kids take personality tests
- Have each member of the family make a list of the holiday traditions that are the most meaningful and most important (maybe flip it and make it where new traditions are made)
- Family's well-being is more important than certain things that are not that important (let go of things that are not worth it)
- Take time to grieve the Loss of the "Ideal" School, Holiday traditions
- Find ways creative ways to connect and set boundaries

- Try and not judge how others do things
- Be patient with yourself but don't wallow too much and move forward!
- Meditate and connect with nature.
- Lots of benefits from taking walks outside.
- Limit the media exposure
- By taking care of yourself, it benefits the kids as well.
- Do not enable the kids.
- 3 Deep Inherent needs are: Autonomy (need control over our lives), Competence (need to feel effective in dealing with our environment) & Relatedness (need to have close relationships) when one of these things is out of order than anxiety happens
- It's important that kids feel like they have control, and competent
- Build the kids to be resilient, don't solve the problems for them, but coach them so they can feel confident and capable (have them come up with solutions)
- Resilient kids can face struggles and bounce back!
- Kids need some stress to feel resilient
- Tolerable stress vs. Toxic stress (needs to be buffered, such as news)
- Handle the stress as it comes so it does not get worse
- Routines, patterns and repetitions are important
- What can we control vs. What we can't control
- 2020 has forced us to grow exponentially (has not been all that bad).
- Make sure to reach out to the counselors for anything that comes up

Bethany reminded everyone if they have any questions to use the chat feature.

Also, she would like to have a copy of the presentation for anyone that wasn't able to attend or refer back.

Christy answered a question on ratio for Remote vs. In-Person is 700 students are in person.

Bethany thanked everyone for attending and closed to meeting.

Next PTO Meeting December 10th!